



Welcome to PORTUGAL

Portugal is inviting. Portugal is a world of experiences, places and landscapes.

In this newsletter, we suggest two destinations for the months of October and November: Cascais and Águeda, respectively.

We are also launching the first of our sightseeing tours: The Religious Tour, which will visit the iconic sites of Fátima and Braga.

Accept this challenge and choose Portugal! We are seriously committed to providing the best holiday experience and, to do so, we are here to help with whatever you need. Our dialysis centres are manned by the best clinical teams and offer indisputably excellent care. In Portugal, you will feel all the security and confidence you deserve.



October ÁGUEDA

Águeda invites us to a range of landscapes and cultural events that take place all year round and enthral those who visit.

Those who go to Águeda are taken aback by the magnificence of the famous Pateira de Fermentelos, the largest natural lake on the Iberian Peninsula.

Águeda is also known as the city of sunshades, which give colour to the always lively streets.

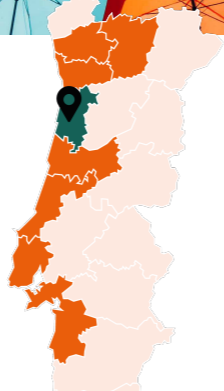
Another way of getting to know this promising region is by taking the Vouga Heritage Train, which runs between Aveiro and Macinhata do Vouga. It is a unique experience that takes us back to the past, and on the outward journey, we have the opportunity to visit the Macinhata do Vouga Railway Museum and, on the way back, to travel through the historic centre of Águeda.

For all these reasons, we invite you to visit this city and the surrounding area.

We are sure that it will be an experience that will stay long in your memory.



Diaverum
ÁGUEDA



November CASCAIS

Cascais deserves to be immortalised on a postcard.

It unites a rich natural heritage, where the blue of the Atlantic Ocean, found on its magnificent beaches, combines with the splendid green of the Serra de Sintra mountains.

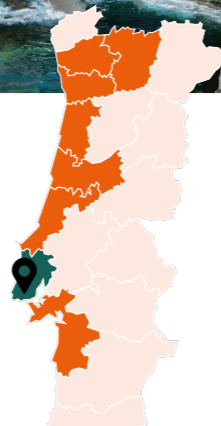
As an old fishing village, it still has the best fish and seafood, which is always served fresh on the outdoor terraces covered in flowers.

Cascais has a natural charm and is very inviting for those who enjoy strolling through the historic streets, where the Portuguese royal family took their summer holidays for many years.

October in Cascais is marked by many sunny days and good weather. Do not think twice about coming. We invite you to enjoy this whole experience, which never disappoints.



Diaverum
ESTORIL



Our CIRCUITS



Religious Tour

This Tour invites us to an encounter with faith, spirituality and above all, with ourselves.

Beach Tour

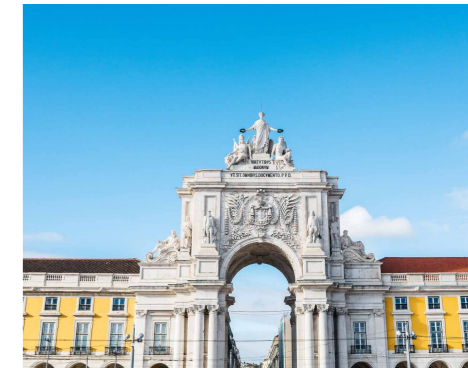
A tour around the magnificent beaches of the Cascais, Sintra and western coastlines.

Golden Triangle Tour

The mandatory ports of call for all who come to the capital of Portugal: Lisbon, Sintra and Cascais.

Douro Tour

Marvel at the Douro winemaking region and the emblematic cities of Porto, Amarante and Guimarães.



Religious Tour



Fátima offers us the opportunity to experience an entire ambience conducive to spiritual reflection and connection with faith. This place offers us various places of worship, having been a meeting point between history and religion for many decades.

The 13th of May and the 13th of October are iconic dates, which mark a unique opportunity to join thousands of pilgrims on one of the largest processions in the world.



The city of Braga offers an authentically spiritual atmosphere, sacred places and multiple opportunities to enrich your relationship with the Divine, through Holy Shrines, Monasteries and Churches.

To visit Braga is to inspire and enrich your spiritual journey, as it is a city replete with moments of contemplation, renewal and connection with the sacred. Likewise, allow yourself to be overwhelmed by its magnificent landscapes and cuisine, which impress all who visit.



CONTACTS

✉ marta.olim@diaverum.com

☎ +351 96 301 69 86

